



2023/24 Student Dress Code

HAIR: For **ALL** Ballet classes, hair must be pulled away from the face and pinned securely into a ballet bun (no bangs for ages 6 and up). For ALL other classes, hair must be in a ponytail, secured off the shoulders and away from the face.

CREATIVE MOVEMENT: Female – Light pink leotard (NO ATTACHED SKIRTS), light pink footed tights, pink ballet slippers. Male – White t-shirt, black bike shorts or tights, white socks, black ballet slippers

PRIMARY: Female – Light blue leotard (NO ATTACHED SKIRTS), light pink footed tights, pink ballet slippers. Male - White t-shirt, black bike shorts or tights, white socks, black ballet slippers

BEGINNING BALLET & PREPARATORY: Female – Black leotard, light pink footed tights, pink ballet slippers. Male – White t-shirt, black tights, white socks, black ballet slippers

LEVEL D Female – Burgundy leotard, light pink footed tights, pink ballet slippers. Male - White t-shirt, black bike shorts or tights, white socks, black ballet slippers

LEVEL A, B & C: Female – Black leotard, light pink footed tights, pink ballet slippers. Male - White t-shirt, black bike shorts or tights, white socks, black ballet slippers

*All leotards must be simple in style – preferably tank, cap, or short sleeve. No halters. No attached skirts, ruffles, lace, or rhinestones. Tights should be NON-shimmery. Please do not wear the “bedroom slipper” style shoes that is on display with the dance attire at some local stores (i.e. Target, Wal-Mart). These are not appropriate for dance class. They do not have the elastic across the instep and are constantly slipping off the dancers’ feet. They also do not have the appropriate sole – and are slippery on our dance floor. **Warm-ups, skirts and and/or loose clothing over leotards are NOT allowed during classes.**

BODY CONDITIONING: Female - Solid dark-colored leotard; black footed tights and/or black leggings (Capri or full length), black bike/dance shorts/black leggings (w/ tan or pink tights – NO BARE LEGS), can wear socks with grips or be bare footed. Male - White or solid dark-colored t-shirt, black bike shorts or knee-length athletic shorts (NO BARE LEGS), can wear socks with grips or be bare footed.

CONTEMPORARY: Solid dark-colored leotard, Nude or Pink Footless Tights (No tights may be worn if teacher requests/approves)

JAZZ: Female - Solid dark-colored leotard; black footed tights and/or black leggings (Capri or full length), black bike/dance shorts (w/ tan or pink tights – NO BARE LEGS); Black split-soled jazz shoes (slip-on style). Male - Solid dark-colored t-shirt, black jazz pants or bike shorts, Black split-soled jazz shoes (slip-on style)

TAP: Female - Solid dark-colored leotard; black, tan, or pink footed tights; black tap shoes. Optional: Tap skirt, black bike/dance shorts, and black dance leggings (NO long baggy jazz pants!) Male - White or solid dark-colored t-shirt, black bike shorts or knee-length athletic shorts, black tap shoes.

ACADEMY RULES & PROPER ETIQUETTE

Dress Code - All students must be dressed properly when they come to class. Please review the Academy's dress code on the bulletin board or online. Inappropriate attire makes it difficult for the instructor to see your child's body placement and may hinder them from developing proper technique. No warm-ups or shirts will be allowed in class.

Class Etiquette – Students must be dressed, and prepare their hair prior to entering the classroom. Students should use the restroom prior to class. All students must be prepared to enter the studio at the appropriate time. Students in Primary through Level C should line up quietly outside the studio door, without blocking the hallway. The teacher will invite the students into the classroom. Creative Movement students should remain with their parents until the teacher comes to escort them to their classroom.

Pick Up and Drop Off - Students must be picked up promptly after class. We cannot be responsible for children after class time. For your child's safety please arrange for prompt pick-up. Students who are not picked up more than 15 minutes after class time will be charged a \$15 fee. Please come into the building to drop off and pick up your child. Non-driving students are not allowed to wait outside or leave the premises until parents retrieve them. Please advise your child(ren) of this rule. The studio door is not open for arrival until 15 minutes prior to first class of the day. All students must wear a cover-up over their class attire when entering/exiting the building.

Late Arrivals - We expect our students to be on time for class. Late students must first check in with the front office and be escorted to class by a staff member. The studio door should not be opened until the music has stopped. A student who is more than ten minutes late for class should wait at the door quietly, without interrupting, and wait for the teacher to acknowledge them. Students who are not properly warmed up for class run the risk of injury. Students who miss more than 15 minutes of the warm-up will be asked to sit and watch class. Parents and students should not interrupt the class to give the teacher an explanation for tardiness. If the teacher needs to know, the teacher will ask or contact the parent at the appropriate time. If late arrival to class is going to be a regular occurrence due to a conflict in schedule, the parent should obtain permission and make arrangements with the class teacher before registering for the class.

Parent Observation Week is held twice throughout the year – in the Fall and in the Spring. These dates are noted on the CFB master calendar.

Our Annual Recital is held each year in June. The dates for the Recital and dress rehearsal are noted on the CFB master calendar. Please note that all classes in the months prior to the Recital are of the utmost importance to your child, as well as the entire class. Please plan for your child to be in attendance for the benefit of your child and the entire class dance performance.

We believe that the decision to study dance involves a personal commitment on the part of each student to attend class regularly and should be undertaken only with the full intention of completing the entire year of dance. In addition, participation in the "Recital" performance is a valuable experience and learning tool for the children. Not only does it help to develop their self-confidence, but also helps to develop theatrical presence and expressiveness, which are essential to the performing arts. Both child and parent will complete each year with a true feeling of accomplishment and pride.

Academy Etiquette

1. Students are expected to behave respectfully and courteously at all times toward BACF faculty, staff, parents and each other.
2. No running or excessive noise in the studios, lobby or around the studio property.
3. Students must follow the dress code for all classes and rehearsals.
4. Do not wear street shoes in the classrooms, they can damage the ballet floors.
5. No food or drink (except water) is permitted in any studios. Water cards may be purchased in the office.
6. Students who have permission to take medication, must take it in the office. Students may not offer any medication to other students. No medication will be dispensed (including Advil or Tylenol) without written authorization from a parent/guardian.
7. Students must show respect for the property of others and for the facility: Keep the lobby, dressing rooms and studios clean by keeping property in zipped dance bags and throwing trash away.
8. BACF is not responsible for the loss or theft of personal items. Please leave all extra jewelry and other valuables at home. Cells phones should be turned off and be zipped into dance bags.
9. Be sure to put your name in ALL of your belongings. All items found in the studio at the end of the day will be placed in the Lost and Found box. Items in the Lost and Found box will be donated or thrown out at the end of each month. Please check it often.
10. BACF is not liable in any way for injuries sustained during attendance at the ballet school or any of its related functions.
11. Students are not allowed to hang on the barres, talk to other students while class is being conducted, chew gum, or eat in class. Students may not sit down or leave class without permission.
12. No one may smoke or use inappropriate language, alcohol or drugs in or near the BACF studios. Such infractions are cause for immediate dismissal from the dance program and will not be tolerated.
13. Bullying, gossip or verbal abuse of any kind will not be tolerated!
14. Dressing rooms are to be used only for changing clothes. Students are not allowed to loiter in the dressing rooms before or after class and will be asked to leave if they do. Absolutely no food or drink (other than water bottles) is allowed in the dressing rooms.
15. No students are allowed in any of the BACF offices.
16. Parents and other visitors are not allowed in the dance classrooms except during observation weeks.
17. Children, not in class, may not be left unattended.
18. Please wait for students in the lobby area or outside the Academy entrance.
19. If a student is at the studio during a scheduled class in their level, they must attend that class.
20. Prepare for class. PRACTICE, PRACTICE, PRACTICE!! Work hard and Sweat!!
21. Have Fun!!